

Post-Op Valium and N2O

Home Care instructions for the use of Nitrous Oxide (laughing gas) with Valium/ Lorazepam/Triazolam during your dental appointment:

- **Do Not** eat or drink after 8 p.m. the night prior to your appointment
- Take your prescription for the sedative as instructed by Dr. Halpern or Dr. Pyun
- **Do Not** take any additional medications/herbs/ holistic additives/alcoholic drinks that have not already been discussed with Dr. Halpern or Dr. Pyun
- Nitrous Oxide is an inhaled analgesic gas and does not have any long-lasting effects; however, the sedative that you will be taking can last for 24 hours or more
- Confirm that you have a responsible driver to take you home
- The affect you will have during the use of Nitrous Oxide is a feeling of enhanced relaxation with the ability to respond readily
- You will be able to return to normal activities after 24 hours of discontinued use of the sedative medication
- If you suspect that you are **pregnant**, notify us prior to your appointment and we will use an alternate method of relaxation for your dental treatment
- If you have any questions or concerns, please contact our office at 410.730.7485