

## Pre-Op N2O

### Home Care instructions for the use of Nitrous Oxide (laughing gas) during your dental appointment:

- You may eat and drink normally before your appointment
- Nitrous Oxide is an inhaled analgesic gas and does not have any long-lasting effects
- The affect you will have during the use of Nitrous Oxide is a feeling of relaxation. Once the Nitrous Oxide gas has been stopped and you have exhaled the analgesic leaves your system
- You will be able to return to normal activities immediately after your Nitrous Oxide appointment, unless otherwise directed by Dr. Halpern or Dr. Pyun
- If you suspect that you are **pregnant**, notify us prior to your appointment and we will use an alternate method of relaxation for your dental treatment
- **If you have any questions or concerns, please contact our office at 410.730.7485**