

## Post-Op-Arestin

Home care instruction after placement of Arestin, a tooth antibiotic:

- Avoid touching the treated areas
- Wait 12 hours after your treatment before brushing teeth
- Wait 10 days before using floss, toothpicks, or other devices designed to clean between the treated teeth
- Avoid foods for 1 week that could hurt your gums (ie. Chips, hot foods, or spicy foods)
- Don't chew gum or eat sticky foods.
- After 10 days, resume cleaning between the treated teeth on a daily basis
- Your re-evaluation check-up is on: \_\_\_\_ (per Dr. Parizadeh or Dr. Hsu request)\_\_\_\_
- If you have any question or concerns, please contact our office at 410.730.7485