

Post-Op Temporary Crown Bridges

Home care instructions for temporary crown and bridges

- Do Not eat or drink until anesthetic has worn off. You are numb and may burn or chew your cheek, lip or tongue
- It is normal for anesthetic to last more than 4 hours but is not typical
- Do Not eat sticky or hard foods on your new temporary crown. For example, granola, gum or similar foods
- Cold sensitivity is not unusual and will decrease over time
- Call our office immediately if you have any throbbing or aching that is not subsiding
- Continue to brush, floss, and waterpik as advised
 - Make sure to pull floss through the contact areas of the temporary crown and not pull up. This may dislodge your temporary crown
 - Use Chlorhexadine Gluconate (Peridex) on your gum tissue around the temporary crown- see below
- If the temporary crown breaks or comes off, call our office within 24 hours to have it recemented. This ensures that your new crown will fit properly
- If the temporary feels 'high' call as soon as possible to schedule an adjustment

Instructions for the use of Chlorhexadine Gluconate .02% liquid

- This is a prescription medicament for the use of tissue irritation and disinfection
- Before going to bed, brush, floss and Waterpik as prescribed, then apply Chlorhexadine Gluconate
- Pour the liquid into the cap and dab with a Q-tip onto affected area
- After application spit excess out but do NOT rinse with water or mouthwash
- Continue to use every night as recommended by Dr. Parizadeh or Dr. Hsu until new crown is placed

If you have any questions or concerns, please contact our office at 410.730.7485