

## **Post-Op Instructions for Sealants**

### **Home care instructions for Sealants:**

- You may brush, floss and waterpik as previously instructed.
- You may use rinses and toothpastes, including fluoride as prescribed by our office
- Please be aware that sticky foods may cause your sealants to dislodge
- **If there are any questions or concerns, please contact our office at 410.730.7485**