

## **Post-Op Temporary Crown Bridges**

### **Home care instructions for temporary crown and bridges**

- Do Not eat or drink until anesthetic has worn off. You are numb and may burn or chew your cheek, lip or tongue
- It is normal for anesthetic to last more than 4 hours but is not typical
- Do Not eat sticky or hard foods on your new temporary crown. For example, granola, gum or similar foods
- Cold sensitivity is not unusual and will decrease over time
- Call our office immediately if you have any throbbing or aching that is not subsiding
- Continue to brush, floss, and waterpik as advised
  - Make sure to pull floss through the contact areas of the temporary crown and not pull up. This may dislodge your temporary crown
  - Use Chlorhexadine Gluconate (Peridex) on your gum tissue around the temporary crown- see below
- If the temporary crown breaks or comes off, call our office within 24 hours to have it recemented. This ensures that your new crown will fit properly
- If the temporary feels 'high' call as soon as possible to schedule an adjustment

### **Instructions for the use of Chlorhexadine Gluconate .02% liquid**

- This is a prescription medicament for the use of tissue irritation and disinfection
- Before going to bed, brush, floss and Waterpik as prescribed, then apply Chlorhexadine Gluconate
- Pour the liquid into the cap and dab with a Q-tip onto affected area
- After application spit excess out but do NOT rinse with water or mouthwash
- Continue to use every night as recommended by Dr. Hsu or Dr. Hicks until new crown is placed

**If you have any questions or concerns, please contact our office at 410.730.7485**